

# **BOTOX INJECTIONS**



THE VANITY LAB

# WHAT IS BOTOX?

Botox is a brand of Neuromodulators that are widely accepted and is a popular non-surgical procedure used to relax dynamic muscles to soften and reduce unwanted signs of aging.

These injections therefore appeal to adults looking to attain a more youthful and relaxed appearance.

# HOW DOES BOTOX WORK?

Botox is classified as a schedule 4 medicine and is derived from a bacterium called *Clostridium Botulinum*.

Botox blocks signals from the nerves to the muscles. The injected muscle can't contract. That makes the wrinkles relax and soften.

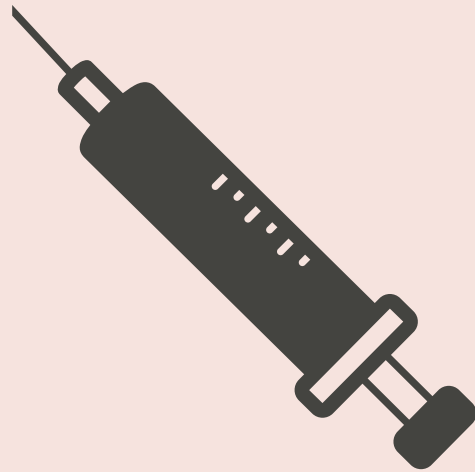
Botox is most often used on forehead lines, crow's feet (lines around the eye), and frown lines.

Wrinkles caused by sun damage and gravity will not respond to Botox, this requires collagen stimulating treatments of filler.



# INDICATIONS FOR BOTOX

- Frown lines
- Forehead expression lines
- Crows feet
- Brow lift
- Bunny lines (on the nose)
- Smokers lines (around the mouth)
- Lip flip
- Mouth frown
- Facial slimming
- TMJ (Teeth grinding and clenching)
- Neck bands
- Hyperhidrosis (Excessive underarm sweating)



## POSSIBLE RISKS

Botulinum Toxin is currently among the safest treatment methods available.

99% of treatments are entirely free of adverse effects, when administered correctly.

If side effects ever occur, they are generally mild and temporary.

No long-term effects of Botox have been reported after twenty years of clinical experience.

However, women who are pregnant or nursing should take caution and avoid Muscle Relaxing Injections during this period.

Rare adverse effects include:

- mild pain, swelling, or bruising around the injection site
- flu-like symptoms
- headaches
- an upset stomach
- temporary eyelid drooping
- numbness
- malaise, or feeling generally unwell
- temporary unwanted weakness or paralysis in nearby muscles

# PREPARING FOR THE TREATMENT

One week prior to your botox treatment we advise you to avoid using alcohol, garlic, lidocaine and aspirin or any other anti-inflammatory drugs for pain, swelling and/or fever, such as medicine containing diclofenac, mefenamic acid, indomethacin or ibuprofen.

Ask your doctor or pharmacist whether your medications includes any of these ingredients. This will reduce the risk of bruising or bleeding at the point of injection.

Please let us know if you have been to the dentist or if you are planning to go to the dentist in the next 6 weeks.

# WHAT TO EXPECT DURING THE TREATMENT

Once the doctor has consulted with you your areas of concern, they will proceed with the treatment.

Using a very fine needle, your doctor will inject a small amount (0.1ml -0.2ml) of a solution of Botox into the required areas of concern.

The needles used are very fine so most people experience only mild discomfort.

Straight after your treatment the doctor will discuss the relevant after care with you and you will be provided with ice to soothe the areas should you wish.

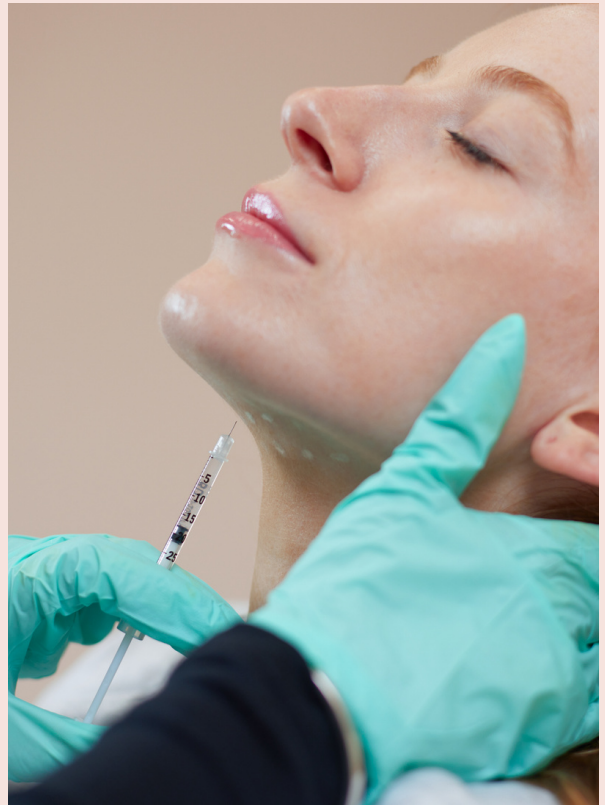




# WHAT TO EXPECT AFTER THE TREATMENT

The full results of your treatment may take up to 14 days to take full effect.

The results will last for an average of 3 – 4 months, depending on the condition of your skin, area treated, amount of product injected, injection technique and lifestyle factors such as sun exposure and smoking.



## AFTERCARE PRODUCTS AND ADVICE

- For 4 hours – do not lie down or do strenuous exercise and similar activities, nor should you do anything that increases the blood flow to the injected area.
- For 12 hours – avoid alcohol consumption
- Avoid make-up application for 2 hours at the injection sight to avoid contamination in the area
- For 24 hours – do not rub or massage the treated areas as this could influence the effect of the product
- For 2 weeks – avoid direct sun exposure, UV light, freezing temperatures and saunas
- Tiny bumps or marks will go away within a few hours after your treatment, applying ice lightly to the area will offer relief

## DURATION OF TREATMENT

All Botox appointments are relatively quick ranging from 10 to 30 mins



# COST OF BOTOX INJECTIONS

Botox \$11 per unit  
Dysport \$11 per unit

There is a minimum charge of \$100 + tax

We recommend a consultation to discuss your concerns in order to provide you with an accurate quote.

\*Men often require more units than women

Estimated units per area:

Forehead Lines: 10-20 units  
Eyebrow Lift: 2-5 units per side  
Frown Lines: 10-25 units  
Crows Feet: 5-15 units per side  
Bunny Lines: 5-10 units  
Lip Flip: 2-8 units  
Jaw Slimming: 30-50 units  
Chin Dimples: 6-10 units  
Neck Lift (Platysma Bands): 10 units per band  
Hyperhydrosis: 100-200 units

## BOOK YOUR BOTOX TODAY



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